



Delivering for Women and Young People in Tanzania





UNFPA, the United Nations sexual and reproductive health agency, expands the possibilities for women and young people to lead healthy and productive lives.

UNFPA is the lead UN agency for delivering a world where:

- Every pregnancy is wanted,
- Every childbirth is safe, and
- Every young person's potential is fulfilled.

By the 2030 deadline for the Sustainable Development Goals, UNFPA aims to achieve the Transformative Results:

- Zero unmet need for family planning information and services
- Zero preventable maternal deaths
- Zero gender-based violence and harmful practices
- Zero new HIV infections.

The UNFPA vision is to realize the promise of sexual and reproductive health, reproductive rights, women's and girls' empowerment, and gender equality, while leaving no one behind, as advanced in the International Conference on Population and Development (ICPD) Programme of Action. In this effort, youth are recognized as leaders and agents of positive change to carry forward the ICPD promise and the 2030 Agenda for Sustainable Development.

This commitment was reinvigorated at the Nairobi Summit on ICPD25 in 2019, which highlighted the benefits of individual rights and choices and their importance to guide population and development policies and programmes.



UNFPA Tanzania procures modern contraception for millions of couples, which from 2016/17-2021/22 helped to prevent more than (estimated):

- **3.5 million** unintended pregnancies
- **7,600** maternal deaths
- **839,000** unsafe abortions

Zero unmet need for family planning information and services

UNFPA works with the Government of Tanzania and local and international partners to expand the delivery of voluntary family planning services. These services and information empower women and adolescent girls to make informed choices and decisions on their reproductive health and rights.

Our focus is to support efforts that strengthen systems and build human resources to ensure that a full range of quality contraceptives are consistently available and accessible to women, adolescents and youth, and populations in underserved and humanitarian settings.

Programming aims:

- Train health workers to deliver quality comprehensive sexual and reproductive health services, including voluntary family planning.
- Expand the delivery of equitable and age-responsive sexual and reproductive health services and support comprehensive sexuality education for adolescents and youth.
- Build systems and human resources to strengthen reproductive health commodity security.
- Engage communities to create a supportive environment for sexual and reproductive health and rights; this includes engaging influential community members to address norms and values that seek to limit use of services by women and adolescent girls.



To enhance availability of quality maternal health care, UNFPA Tanzania expands the number of Emergency Obstetric and Newborn Care (EmONC) sites. From 2016/17-2021/22 this included:

- *Comprehensive EmONC sites increased from two to **15**;*
- *Basic EmONC sites increased from nine to **47**.*

Zero preventable maternal death

UNFPA is committed to making motherhood safer for women in Tanzania by enhancing the capacity of government, civil society organizations and private institutions to deliver comprehensive maternal health services. Through efforts at the national, regional and district level, UNFPA works to improve infrastructure, ensure availability of essential reproductive health supplies, and strengthen human resources for health to expand access to quality reproductive, maternal, newborn, child and adolescent health care. This includes in humanitarian settings and for marginalized and vulnerable women in rural and remote areas.

Our focus is to ensure that women can: plan their pregnancies, space the births of their children, and access the care they need, from prenatal HIV testing to antenatal care for newborns. Skilled birth attendance at delivery, with backup emergency obstetric care and essential supplies in place, is critical.

Programming aims:

- Invest in infrastructure and equipment for the delivery of quality reproductive, maternal, newborn, child and adolescent health services.
- Build human resources for health for the provision of emergency obstetric care.
- Strengthen midwifery education and training.
- Ensure reliable supplies of essential reproductive health medicines, including contraceptives.



UNFPA Tanzania carries out sensitization and trainings to raise awareness, prevent and respond to GBV. From 2016/17-2021/22:

- GBV awareness-raising reached **18 million** people through radio programmes and jingles in community radio
- **500 religious** leaders in Zanzibar, and 102 in Kigoma were trained to prevent and refer gender-based violence survivors to health, police and social services.

Zero gender-based violence and harmful practices

In partnership with multiple stakeholders, UNFPA supports the Government of Tanzania to intensify efforts to promote policies and programmes to address the causes and consequences of sexual and gender-based violence and harmful practices, including female genital mutilation.

UNFPA supports partners to engage with communities, faith leaders, and men and boys in preventing violence and harmful practices. These efforts forward gender equality through programmes that challenge taboos and social norms around women's and girls' sexual and reproductive health and drive positive, transformational change.

Programming aims:

- Strengthen gender-based violence prevention and response services, including by establishing community support structures and building the capacity of national response protection and referral systems.
- Build the capacity of duty bearers to respond effectively and equitably to gender-based violence survivors.
- Engage with communities to break the silence around gender-based violence and harmful practices.
- Contribute to the development of national plans and policies on prevention of Violence Against Women and Children.
- Strengthen the National Child Helpline and Afya Call Centre to provide information and counselling on GBV and harmful practices.



In 2021 through UNFPA programming:

- **12 health facilities** started provision of integrated reproductive health services in HIV Care and Treatment, enabled through the training of health care staff.
- **95 peer educators** trained on sexual and reproductive health and rights and on GBV and HIV referral mechanisms
- Support was provided to disseminate the amended HIV and AIDS Prevention and Control Act in **10 districts** in the supported regions.

Zero new HIV infections

UNFPA joins efforts with the Government of Tanzania and partners to address HIV prevention among young people and key and vulnerable populations. UNFPA advocates for a comprehensive approach to HIV prevention, aiming at reducing new HIV infections and ending the AIDS pandemic; this includes promoting human rights and reducing inequalities, integrating HIV responses into sexual and reproductive health care, and preventing the sexual transmission of HIV.

Efforts are focused on promoting access to integrated sexual and reproductive health and HIV services.

Programming aims:

- Capacity building of health care workers on integration and provision of reproductive health services, including in family planning, HIV care and treatment.
- Strengthen condom programming in Tanzania and provide technical support in the development and dissemination of the National Condom Distribution Guideline.
- Train peer educators on sexual and reproductive health and rights and referral mechanisms for GBV and HIV care and treatment.
- Support the development of national frameworks and training packages on sexual and reproductive health, family planning, HIV, and GBV services.



UNFPA supports Tanzania in enhancing the use of data for development.
From 2016/17-2021/22:

- In multiple regions, accountability has been enhanced through institutionalization of the **Maternal and Perinatal Death Surveillance and Response**.
- As a technical partner in the **2022 Population and Housing Census**, UNFPA supported all stages of census preparation – including through financial assistance, training, and support to develop guidance materials, questionnaires, and the 2022 census cartography.

Data for Development

UNFPA Tanzania invests in strengthening and building the capacity of government and national institutions to make timely, high-quality, gender-disaggregated data and information available, and advocates for the use of this data in evidence-based decision-making and targeted policy and programme formulation at the national and subnational level.

This includes strengthening national data systems to account for population dynamics and all population groups. This effort aims to ensure that no one is left behind in development and humanitarian policies and programmes, as

they relate to ending unmet needs for family planning, ending preventable maternal death, and ending GBV and harmful practices.

Programming aims:

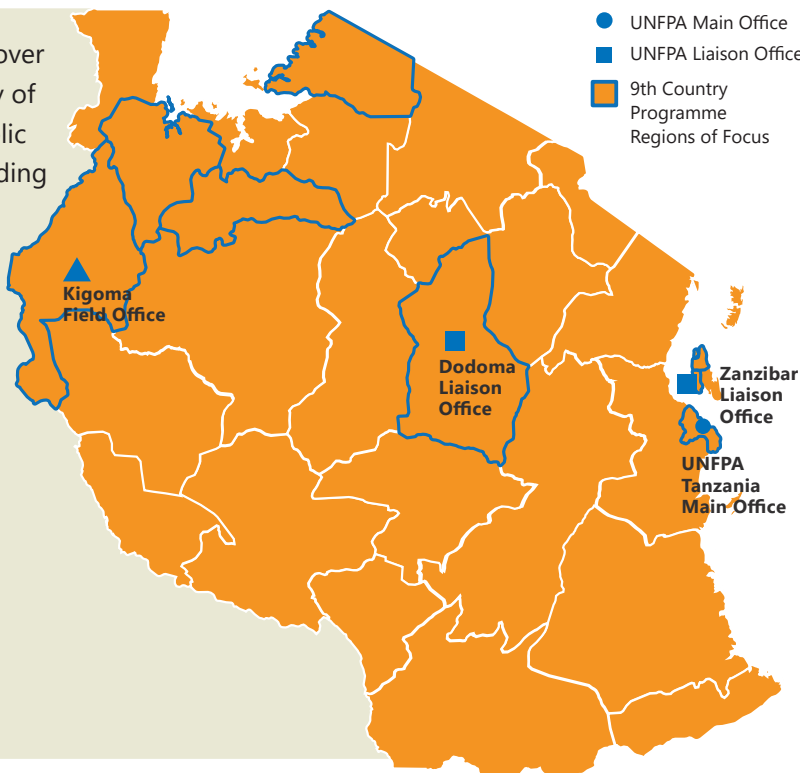
- Support national institutions to localize Sustainable Development Goal (SDG) reporting mechanisms through the development of databases and by aligning targets of national plans, policies and strategies with 2030 Agenda goals.
- Support digitalization and expansion of civil registration and vital statistics, and established population and disability databases.
- Establish South-South and triangular cooperation partnerships for strengthening population data systems.



UNFPA operates over the entire country of the United Republic of Tanzania, including the mainland and the islands of Zanzibar.

9th Country Programme Regions of Focus

- Dar es Salaam
- Dodoma
- Geita
- Kigoma
- Mara
- Pemba South
- Shinyanga
- Unguja North
- Unguja West



How we work

UNFPA works under the framework of the UN Sustainable Development Cooperation Framework 2022-2027 in support of the Government of the United Republic of Tanzania to ensure that gender equality, women's and girls' empowerment and sexual and reproductive health and reproductive rights remain at the centre of development.

Marginalized women and girls and young people are at the forefront of our efforts, including those in humanitarian settings, based on the principles of reaching the furthest behind first and leaving no one behind. Youth empowerment is forwarded through programming on development of life skills, entrepreneurship skills and information provision to support youth to engage in decision-making about their bodies, their lives and their world.

The UNFPA Tanzania 9th Country Programme (2022-2027) responds to national development priorities as outlined in the Government of Tanzania's National Five-Year Development Plan (FYDP III 2021/22-2025/26), and the Zanzibar Development Plan, in alignment with the National Visions (the Tanzania Development Vision 2025 and Zanzibar Development Vision 2050); the African Union's Agenda 2063; the ICPD Programme of Action and the 2030 Agenda for Sustainable Development.

Photos: @UNFPA Tanzania/Warren Bright and Ayubu Lulesu



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