

# Celebrating the Power of Choice for Women and Girls



Annual  
Report  
**2023**



Delivering a world where  
**Every pregnancy is wanted,  
Every child birth is safe and  
Every young person's potential  
is fulfilled.**

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*When a youthful population enjoys good health, education, and can contribute to economic growth, the national economic payoff can be substantial and a demographic dividend can then be achieved.*

**Mark Bryan Schreiner**

UNFPA Representative

United Republic of Tanzania

# Message from the UNFPA Representative

**A**t UNFPA we are committed to a bold 9th Country Programme to Tanzania (2022–2027) to mobilize efforts to achieve the Three Transformative Results:

- **ending preventable maternal deaths**
- **ending the unmet need for family planning**
- **ending gender-based violence and all harmful practices, including female genital mutilation, and child, early and forced marriage**

The work of UNFPA is based on the premise that all human beings are entitled to equal rights and protections. We focus on women and young people because these are groups whose ability to exercise their right to sexual and reproductive health is often compromised. We support the government of the United Republic of Tanzania and national partners to accelerate actions required to achieve universal access to sexual and reproductive health.

Our work throughout 2023 accelerated the promise - the results are encouraging. More women, girls and young people receive sexual and reproductive health services. More vulnerable women have access to One Stop Centers to learn about gender-based violence, report incidents and receive required support. More front line health care workers have been trained to provide quality maternal services; life-saving contraceptives and maternal health medicines are closely monitored to reach the last mile. Tanzania mainland now registers – not just counts - persons with disabilities. Zanzibar launched and is now implementing a new Youth Development Policy 2023. That is to name but a few.

These achievements were made possible through our collaboration with government, development partners, non-governmental organizations, civil society organizations and corporations. Together, we hold a common pledge that declares, 'no one should be left behind.'

This report celebrates our 2023 stories of collaboration and achievements. Development partners that invested with us may trace the value of their support in strengthened systems, improved policy environments, and the changing lives of people reached. Quotes from beneficiaries across the country articulate this impact. Community organizations have leveraged partnership with the Government of Tanzania and UNFPA to amplify their voices and contribute to policy making and programming. A teenager in an outlying rural village can underline a bullet point in a policy that reflects her contribution.

Our 9th Country Programme is a partnership for impact. We work alongside Tanzania in a system of shared accountability and prioritize the most strategic and effective use of technical and financial resources to reach the last mile. This partnership leverages the commitments of government, donors, non-governmental organizations, implementing partners, civil society organizations and other United Nations agencies – working together for maximum impact. This 2023 report is a testament to the tireless labour and leadership of UNFPA's staff and partners across Tanzania.

Our march continues...



# Zero Unmet Need for Family Planning

”

*I want another child, but not yet. A child is a blessing that most people desire, but when a child is unplanned the situation tends to create all kinds of problems. I will wait for the perfect time*

**Sunge Mboje, 22, Bariadi, Simiyu**

**PREGNANCY BY CHOICE,  
NOT BY CHANCE**

UNFPA strengthens health systems through policies, supply chain system management, and human resource capacity-building to ensure universal access to human rights-based family planning. The ultimate goal is zero unmet need for Family Planning (FP) to make sure that every pregnancy is wanted.

UNFPA's work aligns with Tanzania's commitments to expand and sustain access to safe, voluntary family planning services as a goal and means to foster gender equality, women's empowerment and reducing poverty. These commitments are outlined in National Plan for Reproductive, Maternal, Newborn, Child and Adolescent Health & Nutrition (2021/2022 - 2025/2026).

In 2023, UNFPA Tanzania supported activities for developing policies that enabled the delivery of quality family planning services and advocated for increased domestic funding for contraceptives. All procured commodities generated 2,701,975 Couple Years of Protection (CYP) for one year, January - December 2023.\*

\* Couple-Years of Protection (CYP) is the estimated protection provided by family planning (FP) methods during a one-year period, based on the volume of all contraceptives sold or distributed free of charge to clients during that period.

## UNFPA IMPACT



**1,272,279**

Unintended pregnancies averted by use of contraceptives



**454,637**

Abortions averted by use of contraceptives



**345,904**

Unsafe abortions averted by use of contraceptives



**2,296\*\***

New clients of family planning services in humanitarian setting



**461\*\***

Number of returning clients of family planning services in humanitarian setting

\*\* The data is presented is obtained from Kigoma region only



**6**

Strategic documents (policies, plans and guidelines) reviewed and developed with UNFPA support



**365**

Service providers trained in different family planning aspects: supply chain and commodity security



**59**

Healthcare workers trained on family planning and HIV integration

# Zero Preventable Maternal Deaths



*Being a mother is a very important role that God chooses to give to many women. I'm excited, children are a treasure from the Lord, mothers have a unique and crucial role in the lives of their children.*

**Suzana Majisu, 25, Bwanga, Geita, Tanzania**

**NO WOMAN SHOULD DIE  
WHILE GIVING BIRTH**





**Z**ero preventable maternal deaths is an achievable goal: most pregnant women die from preventable causes. Making motherhood safer is a human rights imperative, and it is at the core of UNFPA's mandate. UNFPA Tanzania's efforts towards reducing maternal and newborn mortality are at the national, regional and district levels.

We supported increased quality of service through the improvement of infrastructure and availability of life saving medicines. To develop the capacity of skilled birth attendance, we facilitated training in life-saving emergency obstetric and newborn care, including hands-on training through mentorship programmes.

UNFPA provided technical assistance as part of the UN inter agency support in the development of the Tanzania's 2023 Voluntary National Review (VNR) report on the implementation of the 203 agenda for the SDGs.

We continued to support the government in the implementation of the Health Sector Strategic Plan V and the National Plan for Reproductive, Maternal, Newborn, Child and Adolescent Health & Nutrition (2021/2022 - 2025/2026) also known as 'One Plan' III. The Health Sector Strategic Plan V is Tanzania's overarching strategic guidance for the health sector and One Plan III sets national targets and guides implementation of programmes related to reproductive, maternal and newborn and adolescents' health. Both strategic documents establish accountability frameworks for prevention of maternal deaths.

## UNFPA IMPACT



**1,687**

Maternal deaths averted in 2023 through use of family planning and maternal health commodities



**13**

National policies and plans addressing sexual and reproductive health and rights were developed and reviewed



**337**

Health care providers, managers and community workers oriented and trained in Maternal and Perinatal Death Surveillance and Response (MPDSR)



**100%**

Of the district councils in six regions in Mainland Tanzania supported to conduct midwifery clinical audits to improve the quality of midwifery care



**22**

Hospitals in Kigoma region have institutionalised MPDSR



**50**

Peer educators provided with tools to support first time young mothers in five districts in Kigoma



**151**

Parliamentarians, religious leaders and government officials engaged on the implementation of the FP2030 and ICPD25



# Saving Mothers' Lives

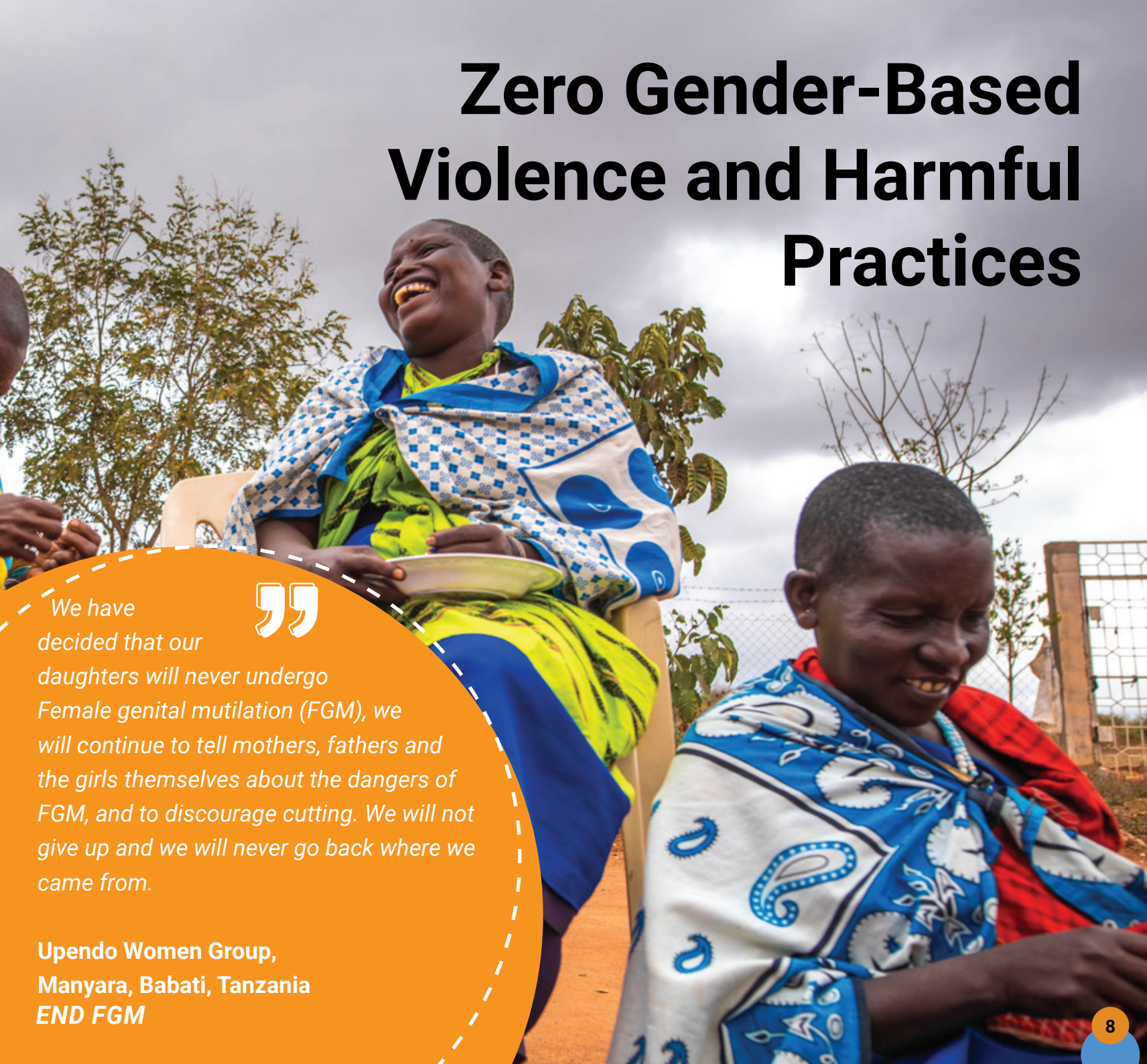
ZERO PREVENTABLE  
MATERNAL DEATHS

”  
*My happiness is to see  
a mother and a newborn  
walk out of the labour  
room, safe and healthy*  
- Cyprian Paul, Simiyu

**ZERO PREVENTABLE  
MATERNAL DEATHS**



# Zero Gender-Based Violence and Harmful Practices



*“ We have decided that our daughters will never undergo Female genital mutilation (FGM), we will continue to tell mothers, fathers and the girls themselves about the dangers of FGM, and to discourage cutting. We will not give up and we will never go back where we came from.*”

**Upendo Women Group,  
Manyara, Babati, Tanzania  
END FGM**

**G**ender-based Violence (GBV) is one of the most prevalent human rights violations against women and girls. Deeply rooted in gender inequality, it ranges from physical, sexual, emotional, economical, technology-facilitated to other forms of violence, including female genital mutilation (FGM) and child marriage (CM). Gender-based violence has significant consequences on women's agency and bodily autonomy, impacting their health and right to make decisions for their futures. As the lead agency, UNFPA is working with prevention and response mechanisms to achieve zero gender-based violence and harmful practices by 2030.

The United Republic of Tanzania is committed to the 2030 Agenda, and significant strides have been made: physical, sexual, or emotional violence perpetrated by women's current or most recent husband/partner declined by 11 percentage points over seven years—from 50 % in 2015 to 39 % in 2022 (TDHS, 2022). However, the current rate of progress is not enough to meet the 2030 Agenda of ending GBV/VAC and other harmful practices.

To meet the target, UNFPA Tanzania works alongside the Government of the United Republic of Tanzania, development partners and civil society organizations to strengthen the rights and requirements of women and girls, including those with disabilities, through policy-formulation, such as the National Gender and Development Policy, and the Convention of the Rights of Person with Disabilities (CRPD) shadow report.

## UNFPA IMPACT



**5,719,811**

People have access to information on ending gender-based violence (GBV) and harmful practices through traditional and mass media



**1,112**

GBV survivors received services at One Stop Centers (OSC) in Kigoma and Zanzibar



**1,784**

Case calls received at the National Child Helpline (116), counselling survivors of GBV, FGM and child marriage



**3,471**

Men and boys engaged to end gender-based violence (GBV) and harmful practices in their respective communities



**7**

Number of commitments/declarations made by communities; four to end female genital mutilation and three to end child marriage



**3,277**

Trained local and community leaders actively facilitated intergenerational dialogues at the district and community levels to end GBV, CM, FGM and changing attitudes towards women and girls with disabilities





*Achieving a demographic dividend does not happen automatically – it requires multiple investments. The most essential is building the capabilities of people to realize their rights and achieve their potential.*

**Mark Bryan Schreiner**  
UNFPA Representative  
United Republic of Tanzania

# Every Young Person's Potential is Fulfilled



*Investing in adolescents and young people is crucial for ensuring health, creating prosperity and fulfilling human rights.*

**Melissa McNeil-Barrett**  
UNFPA Deputy Representative  
United Republic of Tanzania



Over 70% of the 60 million people in Tanzania are under 30 years old. UNFPA supports programs that focus on empowering adolescents and youth to claim their human rights, develop leadership skills and access the services they need to live healthy and fulfilling lives.

In 2023, UNFPA continued to strengthen systems that empower youth to prevent and respond to gender-based violence, to develop skills, and access sexual and reproductive health information and services. Our achievements include establishment of the Youth Council in Zanzibar and a biannual national forum for Mainland Tanzania where youth meet and strategize on how to address pertinent issues, including Sexual and Reproductive Health Rights (SRHR). Through our support AfriYAN established regional offices to widen participation of youth in advocating for their rights.

With UNFPA technical and financial support, adolescents and youth received SRHR services, health care workers gained skills in provision of youth friendly services and a manual on SRHR and life skills was packaged to reach out-of-school youth.

## UNFPA IMPACT



**3,354**

Adolescents reached with sexual and reproductive health services



**525**

Adolescents referred to sexual and reproductive health and Sexual and Gender-Based Violence (SGBV) services



**25,037**

Adolescents and youth reached with sexual and reproductive health and rights information



**200**

Peer educators provided with working tools



**2,500**

Secondary schools received FEMA Magazine addressing gender-based violence and sexual and reproductive health and rights



**54**

Public vocational and folk development colleges started implementing sexuality education programmes



**60**

First time young mothers supported through life skills and livelihood programs to sustain their lives



222

Healthcare providers trained on sexual and reproductive health for provision of youth friendly services



70

Folk Development College coordinators and 54 teachers were trained on life skills and sexual and reproductive health and rights



UNFPA provided financial and technical support in:

Development of Zanzibar Youth Development Policy



Development of the National Life Skills Manual for out-of-school youth





**Invest in  
Adolescents  
and Young  
People - It Pays**

# Zero New HIV Infections



”

*It is my responsibility to protect myself and my partner against HIV infection to ensure the next generation lives in a safe environment free from HIV infection.*

**Adelina Kaminyonge, 22, Manyovu, Kigoma**  
**MY YOUTH, MY POWER**

**M**illions of people are vulnerable to HIV infection. But stigma, discrimination, laws and inadequate access to quality health and social services expose adolescents, youth and key and vulnerable populations to unfair risks of HIV infection, illness and death. Therefore, ending new HIV infections in these populations is critical.

In 2023, UNFPA continued to promote access and utilization of integrated sexual and reproductive health and HIV services, prioritizing adolescents, young people and other key and vulnerable populations. Focusing on preventing sexual transmission of HIV is paramount because it accounts for the majority of infections.

In 2023 UNFPA's support in HIV prevention focused on multi-sectoral coordination, promoting youth-friendly services and ensuring availability of condoms.

We initiated the development of a sustainable HIV financing framework and the private sector engagement model. With more than 99% of HIV funds coming from bilateral and multilateral donors, diversifying HIV resources is a priority for sustained HIV response.

Additionally, UNFPA supported the revival of the Key and Vulnerable Population (KVP) technical working group to provide technical guidance on advocacy, adoption and implementation of the combination HIV prevention programmes for KVP in Tanzania.

## UNFPA IMPACT



Initiation of sustainable HIV financing framework and private sector engagement model to contribute to sustained HIV response



Domestication of the Global HIV Prevention Coordination and Roadmap 2025



Revival of the National Multisectoral Technical Working Group for the key and vulnerable populations



Supported the strengthening of condom availability programmes and improving access at the last mile in Kibondo and Kasulu and hotspots in the refugee camps



**30** Peer educators from key and vulnerable populations trained on condom distribution. The population includes adolescent and young people, female sex workers and drug users



**400** Participants reached with SRH, GBV, STI, and FP information at seven college campuses in Pemba through a sports bonanza and during World AIDS Day



**3** National multisectoral coordination mechanisms supported: Condom Programming, HIV Prevention focusing on all HIV prevention pillars, KVP committee



**14,400** male condoms distributed; **347** young people were tested for HIV - none were HIV positive



**59** Healthcare workers trained on integration of FP/HIV

# Ensuring People with Disabilities are not Left Behind



*It is our right as people with disabilities to be given priority in matters concerning us, including decision-making levels - nothing about us without us.*

**Anastazia Gerald, 25, Kahama,  
Shinyanga, Tanzania**

UNFPA is building a world where everyone can enjoy their human rights and where no one is left behind. To take this agenda forward, UNFPA Tanzania continued to support the participation of people with disabilities in developing strategic documents that guide efforts to deepen inclusivity.

One of the key achievements that UNFPA supported in 2023 is the development of an electronic repository of information for People with disabilities. The Persons with Disabilities Management Information System (PD-MIS) serves as a centralised, reliable, and up-to-date database capturing accurate, personalised information about persons with disabilities in Tanzania Mainland.

Working alongside umbrella organisations of people with disabilities in Mainland Tanzania and Zanzibar, UNFPA contributed to strengthen skills to advocate for rights of persons with disabilities.



## UNFPA IMPACT



31

Women and girls from organisations of people living with disabilities trained on leadership and advocacy



87

Members of organisations of people living with disabilities oriented on advocacy and formation of partnerships



7,000+

people reached through 49 radio programmes to raise awareness of persons with disabilities' exposure to gender-based violence, child marriage, female genital mutilation and sexual and reproductive health and rights



72

Girls with disabilities provided with medical check-up, hygiene items and further the alternative rites of passage programme



24

NPA-VAWC Protection Committees trained on GBV and people with disabilities rights in Tarime and Butiama DC



# Accountability through Data and Demographic Intelligence



*Educating our young people on sexual and reproductive health, including family planning, is essential for any country to realise its human capital potential and achieve national development aspirations.*

**H.E. Samia Suluhu Hassan**  
The President of the  
United Republic of Tanzania



UNFPA invests in building capacity to collect, analyse and utilize population data to develop policies and programmes at national and subnational levels.

Following a successful Population and Housing Census and Tanzania Demographic, Health Survey and Malaria Indicator Survey (TDHS-MIS) in 2022, UNFPA worked alongside government and partners to develop key documents using collected data. This helped the country to analyse population dynamics and account for population groups left behind when developing policies for ending unmet needs for family planning, preventing maternal deaths and Gender-Based Violence (GBV) and harmful practices.

UNFPA supported improving the efficiency of the Civil Registration and Vital Statistics (CRVS) system, ensuring that births, marriages, divorces, and deaths are accurately and timely registered. The decentralisation of the CRVS system brings the civil registration services closer to communities. This was the case when the CRVS was introduced in Fuoni and Chake Chake Hospitals in Unguja and Pemba: it is now easier to access registration services, for example reducing the processing time of birth certificates to 24 hours where it previously took a month. Registration helps in individual identification and provides crucial data for planning and policymaking in areas such as public health, education, and social welfare.



## UNFPA IMPACT



2022 Population and Housing Census reports developed with UNFPA technical and financial support alongside partners



Administrative boundaries established with UNFPA technical and financial support in 2022 population and housing census



Improved access to the CRVS system by activating the system



**41** Policy makers and decision makers were reached out to advocate for implementation of national commitment to the International Conference on Population and Development (ICPD)



**35** Members of parliament were oriented on use of data for decision making



# Humanitarian and Emergency Response

*HEALTH AND DIGNITY IN TIMES OF CRISIS*

In 2023, Tanzania hosted more than 242,000 refugees and asylum-seekers, mainly from Burundi and the Democratic Republic of Congo (DRC). 83 percent of the refugees in Tanzania live in Nduta and Nyarugusu camps in Kigoma region in Northwestern Tanzania.

UNFPA contributed to the wider United Nations inter-agency efforts in ensuring access to quality sexual and reproductive health services including voluntary family planning, maternal health, STI and HIV prevention and treatment services to both refugees and the host communities.

UNFPA worked with the government and humanitarian partners to include the Minimum Initial Service Packages for reproductive health in the Kigoma Regional 2023/24 Refugee Response Plan (RRRP) and in the Tanzania's 2023 national contingency plan for the DRC refugee influx.

UNFPA distributed Inter Agency Reproductive Health (IARH) Kits containing life-saving reproductive health equipment, medicines, and supplies necessary to meet the basic sexual and reproductive health needs of women and girls during emergencies.



## UNFPA IMPACT



**342,500**

People received lifesaving UNFPA interventions in humanitarian settings\*



**1,200**

Women and girls survivors of the Hanang mudslide and floods in Manyara region received dignity kits



**3,000**

Mothers of newborns in the refugee camp received dignity kits



**78**

Emergency Reproductive Health kits, including 200,000 condoms, were procured and distributed in the refugee camps

\* The number includes refugees and host community members

# Communications, Advocacy and Partnership

*“Women and girls are our top priority, we value action over words, a shared vision over individual agendas, and transparency over politics”.*



**Dr. Warren Bright, UNFPA  
Communications Analyst in the  
United Republic of Tanzania**



Communication is the main artery of an organisation, ensuring a flow of information and connecting its different parts. Successful relations rely on our ability to communicate clearly, effectively, and with intention.

As humans, we do not see the world 'as it is' - we all have our own modelled version. Two people exchanging information may not share the same understanding. Therefore, when we distribute our content, we always have our receiver in mind.

In 2023, we increased visibility and awareness of UNFPA's mandate in SRHR and the donors that make the work possible. Communicating in one voice, we have been working closely with our partners and stakeholders, including donors, government, beneficiaries, UN SDG Champions, youth, media, implementing partners, and UN sister agencies. We have advocated for sexual and reproductive health and rights, reaching millions of people, ensuring that the transformative work and impact of UNFPA in Tanzania is made visible.

We have established effective working relationships with stakeholders on various platforms, delivering publications, events, photography, webstories, social media engagement, and amplifying the voices of the beneficiaries. UNFPA's mandate, work and impact in Tanzania make a difference, and we want the world to know about it.

## UNFPA IMPACT



**780,774**

New visitors and engagement on social media platforms and website



**16,571**

Key publications were produced, published online, printed and disseminated (SYP Alama Newsletter published quarterly, 2022 Key Achievement, Follow the Data, UNFPA Corporate Brochure)



**2,654,091**

UNFPA mentions in digital channels



**179,419**

UNFPA mentions in print, TV, and radio



**30**

Stories from different angles around the three transformative results were documented and published to the UNFPA TCO website, on a global and regional Website and captured on other media channels



**16**

Events commemorated that promote, project and advance the ICPD agenda



**12**

Human-interest stories published on CO website



**6**

Good practices publications and fact sheets developed and disseminated



**3,126,000**

People were reached with SRHR messages championing positive role models and influencers for behavior change amongst men on issues of positive male masculinity, through Tanzania Football Federation (TFF) tournaments

“Midwives are  
champions of  
sexual and  
reproductive  
health and rights.”

**Dr. Natalia Kanem**  
UNFPA Executive Director



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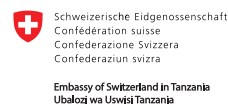
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All UNFPA staff who are working hard to deliver a world where every pregnancy is wanted, every childbirth is safe and every young person's potential is fulfilled.

# Thank you for Ensuring Rights and Choices for All

UNFPA work in Tanzania is supported by diverse partners including donors, the United Nations system, the Government of Tanzania, civil society, faith-based organizations, youth groups, and youth-led organizations. Together, we ensure rights and choices for all and drive our mission forward, promoting collaboration and innovation to achieve our shared goals.








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